



57TH ANNUAL VETERINARY MEDICAL SYMPOSIUM MARCH 22-25, 2023

Honoring the Reunion Classes:
1953, 1958, 1963, 1968, 1973 (50th year - golden class),
1978, 1983, 1988, 1993, 1998 (25th year - silver class), 2003, 2008, 2013, and 2018.

**Cultivating a Sustainable Future for the
Veterinary Profession**

Renaissance Montgomery Hotel & Spa at the Convention Center | 201 Tallapoosa Street | Montgomery, AL 36104

57th Annual Veterinary Medical Symposium

Featured General Session Speaker

Presentation Topic:

Prioritizing Burnout Preparedness and Wellbeing Training in Veterinary Medicine

March 24, 2023

10:30 AM CST

Quincy Hawley, DVM, CPC

**Small Animal/Relief Veterinarian and Co-founder, Get MotiVETed Veterinary
Wellbeing Solutions, LLC.**



Dr. Quincy Hawley is a 2013 graduate of North Carolina State's College of Veterinary Medicine and has been a small animal practice and relief veterinarian since graduating. Most notably, he is an internationally recognized speaker who presents on wellbeing and burnout preparedness for veterinary professionals.

After overcoming his own bout of veterinary burnout, he cofounded Get MotiVETed Veterinary Wellbeing Solutions, LLC, to help all members of the veterinary community to enjoy life and veterinary medicine instead of enduring through them. Dr. Hawley is also one of the co-creators of Get MotiVETed University - the world's first school of wellbeing specifically for veterinary professionals, which houses the Veterinary Burnout P.R.E.P. Certification

Training Program.

Through the Get MotiVETed platform, Dr. Hawley hopes to make poor wellbeing and burnout things of the past for the entire global veterinary community! During his symposium presentation, Dr. Hawley has outlined the following objectives:

- Describe the importance of prioritizing wellbeing and burnout preparedness training.
- Define veterinary burnout preparedness training, true wellbeing, and pseudo wellbeing.
- Develop a simple and clear wellbeing call to action for yourself and/or your organization.
- List 3 perspectives that you can use to improve the quality of your veterinary experience.
- List two strategies for quickly increasing your level of wellbeing.