

## EBOLA (EBOLA VIRUS DISEASE) UPDATE

Tuskegee University continues to actively monitor the situation via local, state, and federal agencies.

Currently, the United States Centers for Disease Control and Prevention (CDC) urges all US residents to avoid nonessential travel to the three countries highly affected by the Ebola outbreak: Sierra Leone, Guinea, and Liberia. Visit the [CDC website](http://www.cdc.gov) for the most up-to-date information.

<http://www.cdc.gov/vhf/ebola/>

<http://wwwnc.cdc.gov/travel/page/advice-for-colleges-universities-and-students-about-ebola-in-west-africa>

### **Symptoms of Ebola include:**

- Fever (greater than 38.6°C or 101.5°F)
- Severe headache
- Muscle pain
- Weakness
- Diarrhea
- Vomiting
- Abdominal (stomach) pain
- Unexplained hemorrhage (bleeding or bruising)

Symptoms may appear anywhere from 2 to 21 days after exposure to Ebola, but the average is 8 to 10 days.

### **Transmission:**

When an infection does occur in humans, the virus can be spread in several ways to others. Ebola is spread through direct contact (through broken skin or mucous membranes in, for example, the eyes, nose, or mouth) with:

- blood or body fluids (including but not limited to urine, saliva, sweat, feces, vomit, breast milk, and semen) of a person who is sick with Ebola
- objects (like needles and syringes) that have been contaminated with the virus
- infected animals

- Ebola is not spread through the air or by water, or in general, by food. However, in Africa, Ebola may be spread as a result of handling bushmeat (wild animals hunted for food) and contact with infected bats. There is no evidence that mosquitos or other insects can transmit Ebola virus. Only mammals (for example, humans, bats, monkeys, and apes) have shown the ability to become infected with and spread Ebola virus.

### **EMERGENCY LOCAL ASSISTANCE**

**\* If the above criteria and symptoms apply to you or a loved one, call East Alabama Medical Center (EAMC) immediately at (334) 749-3411.**

**<https://www.eamc.org/>**

**Inform the operator of your possible exposure to the Ebola virus, and you will receive instructions on how to access medical care.**

EAST ALABAMA MEDICAL CENTER(EAMC), Opelika has formed an Ebola preparedness committee, which consists of emergency medicine and infectious disease physicians, infection prevention staff, members of the Emergency Department, Emergency Medical Services (ambulance service), environmental services, laboratory, administration and other critical departments.

<https://www.eamc.org/includes/files/Ebola%20web%20text%201014.pdf>

On Campus, please contact us during:

**Office hours Monday-Friday from 8 am to 4.30 pm.**

**Student Health Services  
Suite 71-235, 2<sup>nd</sup> Floor  
John A. Kenney Hall  
Tuskegee University  
Tel: 334-727-8641 or 8642**